

# Year 9 Camp

Dates: Sunday 4 to Friday 9 May, 2025

### Venue

The Outdoor Education Group Camp Margaret River, Karridale; Blackwood River; Leeuwin- Naturaliste National Park. This venue has private camping, high ropes and activities on site. Hamelin Bay is 5 minutes away, Wilyabrup sea cliffs is 40 minutes away and the Blackwood River expedition area is 20 minutes away.

## Camp Theme

This programme revolves around community living where the students are responsible for their groups throughout the camp, it is the main preparation for their 10 day expedition in Year 10. The Program is run by The Outdoor Education Group with the Bunbury Cathedral Grammar School staff being included in their groups as active members of the small community. The basics of campcraft will be reinforced with students living in tents and cooking on barbecues or stoves for the duration of the camp. The adventure activities are used equally to teach the students new skills and reinforce their own self-concept within a group.

## **Camp Objectives**

The Experiential Learning Camp aims to:

- Heighten awareness and respect for:
  - o self, through outdoor challenges
  - o others, through group experiences and sharing decisions
  - o the natural environment, through direct experiences
- Promote increased self-esteem, motivation and confidence by providing opportunities for attempting challenging (physically and mentally), unfamiliar activities in a supportive group atmosphere
- Foster interdependence by:
  - o continuing to develop an ability to create and maintain healthy relationships with others
  - $\circ$  providing experiences of reliance on others and responsibility for others
  - working toward developing an organised, self sufficient group that meet challenges as a team
  - o developing and practising group decision making skills
  - o developing group strategies around problem solving and resolving conflicts
  - promoting reflection and critical thinking around social relationships on camp compared with everyday situations
- Teach and develop the following Experiential Learning skills and concepts;
  - basic camping and cooking skills
  - $\circ~$  safe practices and habits in the outdoors
  - $\circ~$  basic abseiling, rock climbing, roping and belay safety skills
  - o basic canoeing skills
  - o basic navigation and bushwalking skills
  - o group dynamics in problem solving and conflict situations
- Instil and encourage environmental awareness and sound environmental practice
- Foster recreational activities which are responsive to the natural environment
- Promote reflection on camp experiences and facilitate relating experiences / lessons learned on camp to life at school and home



### **Camp Outline**

- Acknowledge and learn about Traditional Custodians; Noongar people
- Students camping in groups and are responsible for camping, cooking, timings etc.
- Full day Abseiling and Rock Climbing at Wilyabrup sea cliffs
- Half day High Ropes Course
- Half day of co operative games, Low Ropes Course and Indigenous session
- Two and a half day expedition component incorporating:
  - One full day canoeing with camp out on Blackwood River
  - One and a half days bushwalk with camp out near Blackwood River