

Year 8 Camp

Date: Tuesday 2 to Friday 5 September, 2025

Venue

Mornington Adventure Camp near Harvey, purpose built outdoor adventure camp with accommodation, meals and activities on site, State Forest adjacent for campout.

Camp Theme

This programme introduces many students to new adventure-based activities which they will participate in as part of a smaller group. The programme is run by Mornington Adventure Camp with the Bunbury Cathedral Grammar School staff being included in their groups, campout will be run by Bunbury Cathedral Grammar School staff. At all times challenge by choice, positive language (no put downs) and personal responsibility will be reinforced for each individual. They will be participating in numerous adventure-based activities requiring team, water and individual based skills with the focus being on individuals as part of a community. Accommodation will be in the bunkhouses with one night on campout in a tent. Students will be involved in the preparation and clean-up of meals and accommodation.

Camp Objectives

The Experiential Learning camp aims to:

- Heighten awareness and respect for:
 - o self, through outdoor challenges
 - o others, through group experiences and sharing decisions
 - o the natural environment, through direct experiences.
- Promote increased self-esteem, motivation and confidence by providing opportunities for attempting challenging (physically and mentally), unfamiliar activities in a supportive group atmosphere.
- Develop and reinforce personal responsibility and initiative within the group.
- Foster interdependence by:
 - o developing the ability to create and maintain healthy relationships with others
 - o providing experiences of working as part of a group to achieve a common goal
 - working toward developing a cohesive group which appreciates individual capabilities and limitations.
- Instil and encourage environmental awareness and sound environmental practices in the outdoors
- Promote reflection on camp experiences and facilitate relating experiences / lessons learnt on camp to life at school and home.

Camp Outline

- Campout including preparation, bushwalk, campsite selection, tent use and Trangia stove cooking
- Teambuilding initiative games
- Low Ropes & Confidence Course
- Abseiling on tower
- Rock Climbing on tower
- Flying Fox
- Raft building
- Canoeing