

Bunbury Cathedral Grammar School

Year 7 Experiential Learning Camp

Dates: Monday 16 to Wednesday 18 September (2 tutorials); Wednesday 18 to Friday 20 September (2 tutorials)

Venue: Boranup, Leeuwin- Naturaliste National Park

Camp Theme

Introduce the Experiential Learning program at BCGS, this program is a wonderful opportunity for collaboration between all students sharing their previous experiences and skills with each other. It will reinforce the basic principles of camping, bushcraft, cooking and living from a back pack/ in a tent. Socialisation between students amongst themselves as well as students and staff on an informal basis has a major emphasis on this camp. The program introduces the underlying philosophies of Challenge by Choice, positive language (no put downs) and personal responsibility.

Camp Objectives

The Experiential Learning Camp aims to:

- Heighten awareness and respect for:
 - self, through outdoor challenges
 - o others, through group experiences and sharing decisions
 - the natural environment, through direct experiences
- Promote increased self-esteem, motivation and confidence by providing opportunities for attempting challenging (physically and mentally), unfamiliar activities in a supportive group atmosphere
 - Develop and reinforce personal responsibility and initiative within the group.
- Foster interdependence by:
 - o developing the ability to create and maintain healthy relationships with others
 - o providing experiences of working as part of a group to achieve a common goal
 - working toward developing a cohesive group which appreciates individual capabilities and limitations.
- Teach and develop the following Adventure Learning skills and concepts;
 - basic camping and camp cooking skills
 - safe practices and habits in the outdoors
 - basic bushwalking and backpacking skills
 - basic caving skills
 - bush ethics and environmental issues
- Instil and encourage environmental awareness and sound environmental practices in the outdoors
- Develop an increased familiarity and identification with the natural environment
- Foster recreational activities which are responsive to the natural environment and help promote a sense of personal relation with nature
- Promote reflection on camp experiences and facilitate relating experiences / lessons learnt on camp to life at school and home

Camp Outline

- Acknowledge and learn about Traditional Custodians; Noongar, Wadandi people
- Set up campsite with tents, shelters etc
- Preparing and cooking own meals using expedition style campout kitchen and Trangia stoves
- Caving
- Bushwalking
- Night walk, stargazing